



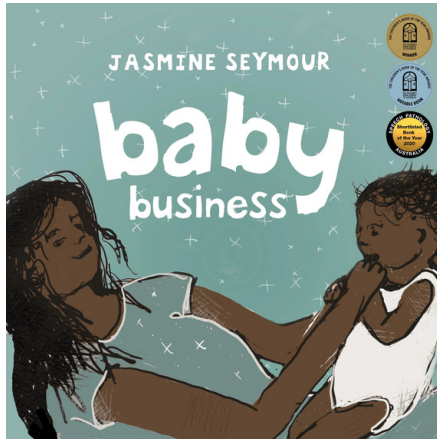
Wellbeing Playlist

I belong and my culture is respected.



Story, Talk, Try it!

The Nest is Australia's shared vision for the wellbeing and development of all children and young people.



Baby Business

Age group: 0-5

Author: Jasmine Seymour

Illustrator: Jasmine Seymour

Storyteller: Bianca Hunt

Publisher: Magabala Books

Themes: First Nations baby care traditions, family, cultural practices

This book supports Identity & Culture in The NEST: Supporting a strong sense of self and belonging, including cultural identity and values

Talk

1. Look at the cover before pressing play. What do you think this story might be about?
2. What did the family do to welcome the baby, and why do you think ceremonies like this matter?
3. The smoke is described as a blessing that reminds the baby they belong. What helps you feel like you belong to your family or community?
4. What traditions, stories or words has your family passed down to you?
5. Why do you think it matters for everyone's culture, language and beliefs to be respected and valued?
6. Is there somewhere special to your family, that helps you feel connected?

* Raising Children Network: Family Story Book Activity

Baby Business shares stories and traditions passed down through family. Making a family story book is a similar way to explore where your child comes from and who they belong to.

Try it!

- Gather family photos, including people your child knows well and relatives from before they were born.
- Talk about each photo together, and let your child choose which ones to include and what story to tell.
- Write down your child's words for each page, and let older children trace or copy the words themselves.



Biana Hunt



Scan the QR code to view the story!

For the full activity see: raisingchildren.net.au