



Wellbeing Playlist

I have all the material basics I need.



Story, Talk, Try it!

The Nest is Australia's shared vision for the wellbeing and development of all children and young people.



Goodbye House, Hello House

Age group: 0-5

Author: Margaret Wild

Illustrator: Ann James

Storyteller: Catherine McClements

Publisher: Allen & Unwin

Themes: homes, memories, moving house, change



This book supports Material Basics in The NEST: basic physical needs being met

Talk

1. Look at the cover on the screen before pressing play. What do you think this story is about?
2. Why might a family say goodbye to one house and hello to another?
3. What are your favourite places or things at your home?
4. Emma has some firsts in her new home, like climbing a tree. What is something you remember doing for the first time at home?
5. How do you think Emma feels at the beginning, middle and end of the story?
6. What does a family need to feel safe, comfortable and settled in their home?
7. Emma travels by car. How do you get to the places you need to go, like school, the shops or a friend's house?

* Raising Children Network: Move with the Room

Just like Emma getting used to her new house, exploring a new space can feel strange at first.

Move with the room is a simple game that helps children settle into unfamiliar surroundings.

Try it!

Look around a room together and notice the shapes and lines you see, like a doorway, a rug or a row of floorboards. Then plan a path around the room and make your body copy each shape as you go.

Read more about this activity at: raisingchildren.net.au



Catherine McClements



Scan the QR code to view the story!